Limited Thyme Sale

Starts Thursday at 10am through Sunday

Wild Caught

Lobster Tails

$5.99 EA

limit 6

SHOP ALL DEALS

offer valid 1.22-1.25

Limited Thyme Sale

Starts Thursday at 10am through Sunday

Wild Caught

Snow Crab Clusters

$10.99 LB

SHOP ALL DEALS

while supplies last, offer valid 1.22-1.25

FRESH THYME MARKET

BUY ONE GET ONE FREE

Pint Blueberries or 1lb Strawberries
equal or lesser item free

3.99 LB

80% Lean Grass-Fed Ground Beef
3 lb or more per package, less than 3 lb $4.49 lb

shop over **400** items during our

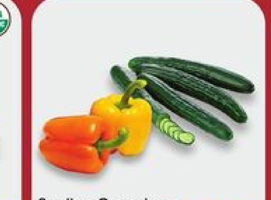
plus 200 more offers on our digital ad

SUPER BOGO SALE

buy one get one free or buy one get one 50% off!

Josie's Organic Salads
5 oz
BUY ONE GET ONE FREE

Organic Hass Avocados
extra large
BUY ONE GET ONE FREE



Seedless Cucumbers or Red, Orange, or Yellow Peppers
mix or match
BUY ONE GET ONE 50% OFF

Heirloom Navel or Cara Cara Oranges
3 lb Bags
BUY ONE GET ONE FREE

Fresh Thyme Organic Ground Beef or Thomas Farms Organic Beef Steaks or Ground Beef
8 to 16 oz, mix or match equal or lesser value free
BUY TWO GET ONE FREE

All-Natural Baby Back Pork Ribs
previously frozen, equal or lesser value free
BUY ONE GET ONE FREE

Hatfield Marinated Pork Loin Filets or Tenderloins
18.4-22 oz, equal or lesser item free, mix and match
BUY ONE GET ONE FREE

Large 41/50 ct EZ Peel Raw Shrimp
only sold in 2 lb bags
BUY ONE GET ONE FREE

Contented Hen Pasture Raised Brown Eggs
1 dozen
BUY ONE GET ONE FREE

Brown Cow Cream Top Yogurt
5.3 oz
BUY ONE GET ONE FREE

Fresh Thyme String Cheese and Snack Sticks
9-12 oz
BUY ONE GET ONE FREE

Urban Pie Frozen Pizza
16.9-20.45 oz
BUY ONE GET ONE FREE

Caulipower Frozen Pizza
10.9-11.3 oz
BUY ONE GET ONE FREE

Sweet Loren's Cookie Dough
9.6-12 oz
BUY ONE GET ONE FREE

Primal Kitchen No Dairy Sauces or Plant-Based Dips
select varieties, 8.5-11.5 oz, equal or lesser item free
BUY ONE GET ONE FREE

Yo Mama's Pasta or Alfredo Sauce
16-25 oz
BUY ONE GET ONE FREE

Feel Good Foods Snacks and Appetizers
6-8 oz, equal or lesser item free
BUY ONE GET ONE FREE

Deep River Potato Chips
8 oz
BUY ONE GET ONE FREE

Four Sigmatic Organic Coffee with Lion's Mane
12 oz
BUY ONE GET ONE FREE

Yogi Packaged Tea
16 ct, select varieties
BUY ONE GET ONE FREE

Bitchin' Sauce Plant-Based Spreads
8 oz
BUY ONE GET ONE FREE

Vicolo Corn Meal Crust Twin Pack Pizzetta or Deep Dish
6 inch, 12-13 oz
BUY ONE GET ONE FREE

BelGioioso Freshly Shredded or Grated Cheese
select varieties, 5 oz
BUY ONE GET ONE FREE

Fresh Thyme Store Baked Cookies
5 varieties, 4 or 12 count
BUY ONE GET ONE FREE

Organic Oatmeal
Variety
$21.99
FREE
Shiloh
Whole Wheat Pasta
$19.99
FREE
Golden Fancy
Light Syrup
$19.99
FREE
Rice Water
Hydrant
Hydrating Water
$21.99
FREE
6 Grain Country
Nuts
$21.99
FREE
Feel Good Foods
Caesar Appetizers
$21.99
FREE
Simpl
Organic Beans
& Quinoa
$21.99
FREE
Lotus
Honey and
Soup Cups
$21.99
FREE
Yummy Gourmet
Pizza Sauce
$21.99
FREE
Coffee Bean
Instant Extract
$21.99
FREE
Meadow
Alkaline Miracle
Alkaline Water
$21.99
FREE
Kuromame
Roasted Soft Tofu
$21.99
FREE
The Good Crisp
Potato Crisps
$21.99
FREE
Yüp
Functional Wellness
Shots
$21.99
FREE
Heavenly Hunks
Cookie Bites
$21.99
FREE
Simply Nik
Organic Crackers
$21.99
FREE
Cookie Rooster
Coffee
$21.99
FREE
Cameron's
Ultra Ground
Coffee
$21.99
FREE
Nuh
Plant Based Spread
$21.99
FREE
Ishaiha Crunch
Artisanal Cookie
Bars
$21.99
FREE
Chamberlain
Ground Coffee
$21.99
FREE
Chamberlain Coffee
Cold Brew Singles
$21.99
FREE
Chamberlain Coffee
Matcha Latte Mixes
$21.99
FREE
The B Page
Tea Bundles
$21.99
FREE
Coffee
Non-Dairy Protein
Yogurts
$21.99
FREE
Jarv
Organic Coffee
$21.99
FREE
Kashi
Cereal
$21.99
FREE
Kind
Protein Bar Singles
$21.99
FREE
Lindsay
Organic Gluten Free
Olives
$21.99
FREE
Nick's
Protein Bars
$21.99
FREE
Pure
Protein Biscuits
$21.99
FREE
Orchard Valley
Harvest
Trail Mixes
$21.99
FREE
Nirvana
Mushroom Coffee
$21.99
FREE
Simply Protein
Cacao Bars
$21.99
FREE
Savory Elegant
Mixed Nuts
$21.99
FREE
Hot Berry
Instant Oats
$21.99
FREE
Yumi
Yumi
$21.99
FREE
The GFB
Protein Bites
$21.99
FREE
Synergy
Kombucha Tonic
$21.99
FREE
Daily Crunch
Activated Nut Snacks
$21.99
FREE
Sandwich
Organic Candy
$21.99
FREE
Jack & Annie's
Plant Based Meals
$21.99
FREE
Chobani
Organic Oat
Protein Yogurt
$21.99
FREE
Sailfish
Protein Meals
$21.99
FREE
Boomerang's
Sweet Baked
$21.99
FREE
Icelandic Provisions
Nordic Style
$21.99
FREE

Garden of Life Gut Support Supplements
select varieties and sizes, equal or lesser item free
BUY ONE GET ONE 50% OFF

Slate Protein Drinks
11 oz
BUY TWO GET ONE FREE

Charlotte's Web CBD Supplements
select varieties and sizes, equal or lesser item free
BUY ONE GET ONE 50% OFF

EO Body Care
entire line on sale, equal or lesser item free
BUY ONE GET ONE 50% OFF

Dr Bronner's Toothpaste and Soaps
select varieties and sizes, equal or lesser item free
BUY ONE GET ONE 50% OFF

USDA ORGANIC
Perfect Foods Refrigerated Protein Bars
1.4-2.5 oz
BUY ONE GET ONE FREE

GLUTEN FREE · KETO
Catalina Crunch Plant-Based Cereal
8-9 oz
BUY ONE GET ONE FREE

KETO
Catalina Crunch Snack Mix
5.25 oz
BUY ONE GET ONE FREE

Banza Pasta or Mac & Cheese
5.5-8oz
BUY ONE GET ONE FREE

NON GMO · GLUTEN FREE
Good Health Veggie Sticks, Straws or Potato Chips
5-6.25 oz
BUY ONE GET ONE FREE

NO SUGAR ADDED · USDA ORGANIC
Solely: Organic Whole Fruit Gummies
3.5 oz
BUY ONE GET ONE FREE

NON GMO · GLUTEN FREE
Ralston Family Farms Rice
16 or 24 oz
BUY ONE GET ONE FREE

VEGAN · GLUTEN FREE
Grain Trust Frozen Vegan Rice
20-30 oz
BUY ONE GET ONE FREE

Wonderful In-Shell Pistachios
8 oz bag
BUY ONE GET ONE 50% OFF

Calbee Harvest Snaps
3-3.3 oz
BUY ONE GET ONE 50% OFF

Jumbo Cantaloupes or Honeydew Melon
mix or match
BUY ONE GET ONE 50% OFF

Little Potato Company Roast or Grill Ready Potatoes
1 lb trays, mix or match
BUY ONE GET ONE 50% OFF

Fresh Thyme Alkaline Water
3 liter
BUY ONE GET ONE FREE

Eternal Alkaline Spring Water
2.5 liter
BUY ONE GET ONE FREE

Fully Cooked 61/70 ct Shrimp Ring with Cocktail Sauce
10 oz
BUY ONE GET ONE FREE

Pier 33 Gourmet Fully Cooked Mussels
white wine, butter garlic or tomato garlic, 16 oz mix and match
BUY ONE GET ONE FREE

GLUTEN FREE · Boar's Head
Boar's Head Tavern Ham 9.99 LB
Boar's Head Yellow or White American Cheese.......7.99 LB

GLUTEN FREE · Boar's Head
Boar's Head Everroast Chicken Breast 11.99 LB
Boar's Head London Broil Roast Beef.......16.49LB

ANTIBIOTIC FREE
Fresh Thyme Antibiotic-Free Ground Chicken or Jennie-O Ground Turkey 20% OFF

Fresh Atlantic Salmon Fillets 10.99 LB
Rainbow Trout Fillets previously frozen.......5.99 LB

MY THYME · DOORDASH · instacart · Uber Eats

it's always fresh to recycle

Prices valid 1/21/26-1/27/26 at our Michigan locations

We reserve the right to correct pricing errors. Not all items available in all stores. We reserve the right to limit quantities. Bottle deposit is in addition to the price shown, where applicable. Beer and wine purchases are subject to state laws. MN and KY: available in Hops and Grapes liquor store locations only. PA max of 192 fl. oz. of beer and 3,000 mL of wine can be purchased at any one time. All items are sold by the each unless otherwise noted.

Fresh Thyme Exclusive

Bimi®

Baby Broccoli

Try this amazing broccoli with your favorite recipe, or eat alone for the most tender flavorful broccoli you've ever had. Fresh Thyme is the only grocer offering this special treat in the Midwest.

even more

Vitamin and Body Care Savings

5.79

Ricola Lozenges

select varieties and sizes

BUY ONE GET ONE FREE

Wiley's Nutritional Oils

select varieties and sizes equal or lesser value

FRESH THYME MARKET™ X SPRINGER Mountain Farms SIMPLY SUPERIOR CHICKEN

Springer Mountain Farms

Fresh Thyme trusts Springer Mountain Farms to be our official Fresh Thyme Brand Chicken. For 25 years, they have exercised great care in everything they do and their dedication to providing their chickens with a quality life, and healthy diet results in a healthier, more delicious chicken.

#1
3-Day
Cleanse**
NEW LOOK!
RenewLife
ADVANCED HERBAL FORMULA
3-Day
CLEANSE
TOTAL-BODY RESET*
Supports your Body's Natural Waste Elimination Process*
Helps Reduce Occasional Bloating & Water Retention*
PART 1: 6 VEGETARIAN CAPSULES
PART 2: 6 VEGETARIAN CAPSULES
Dietary Supplement
NON GMO Project VERIFIED
nongmoproject.org
*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.
RenewLife
NEW LOOK!
CLEANSE MORE™
HERBAL & MINERAL FORMULA
OVERNIGHT FORMULA
Helps Relieve Occasional Constipation*
Helps Eliminate Waste & Toxins*
100 VEGETARIAN CAPSULES
Dietary Supplement
NON GMO Project VERIFIED
*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

**Total US Natural Channel SPINS L12W, L24W, L52W Data Ending 07/13/25.

RenewLife®

Don't Start the

NEW YEAR

with

LAST YEAR'S BAGGAGE

SHOP NOW